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A Practical Guide to Eliminating

Avoidable Pressure Ulcers

Implementing the High Impact Action: Your Skin Matters

TUESDAY 14 SEPTEMBER 2010 MANCHESTER CONFERENCE CENTRE, MANCHESTER



CHAIR AND SPEAKERS INCLUDE:

Vanessa Whatley

Programme Specialist (Healthcare Associated Infection) NHS West Midlands

Tina Chambers

Clinical Nurse Specialist in Tissue Viability Winchester and Eastleigh Healthcare NHS Trust and Project Manager No Needless Skin Breakdown Workstream Patient Safety Federation

Dr Susan Baxter

National Programme Manager, Tissue Viability Project NHS Quality Improvement Scotland

Gerry Bolger

Programme Director, Quality in Nursing Department of Health

TOPICS INCLUDE:

- High Impact Action: Your Skin Matters
- Eliminating needless skin breakdown: update from the Patient Safety Federation
- Eliminating Avoidable Pressure Ulcers: demonstrating cost and efficiency savings
- Measuring and monitoring Pressure Ulcers as a quality indicator in practice
- Risk management tools and techniques to eliminate Avoidable Pressure Ulcers
- Preventing occurrence of Pressure Ulcers
- Improving care on the wards to avoid Pressure Ulcers
- Eliminating the risk factors contributing to Pressure Ulcers: experiences in Kettering
- Developing best practice for the prevention and management of Pressure Ulcers: experience in Scotland

PLUS

DISCUSSION: What interventions can we make to eliminate Avoidable Pressure Ulcers and improve quality and cost-effectiveness?



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Held in partnership with the NHS Institute for Innovation and Improvement this conference focuses on improving quality of care and reducing cost in the management and treatment of avoidable pressure ulcers. This is the focus of *Your Skin Matters*, one of the *High Impact Actions* launched by the NHS Institute, which identified eight high impact actions from website submissions. The main aim of this particular one is to eradicate all avoidable Pressure Ulcers in NHS provided care.

Pressure Ulcers represent a major burden of sickness, reduce quality of life for patients and create significant difficulties for patients, their carers and families.

" Pressure ulcers often affect older, obese or malnourished people, or those with certain underlying conditions. Ulcers occur when there is damage to tissue as a result of long-term mobility, a patient's body weight, friction or the shearing of skin or deeper tissues. The majority of pressure ulcers are entirely preventable through a risk assessment and the implementation of pressure-relieving measures, such as moving immobile patients."

HIGH IMPACT ACTIONS FOR NURSING AND MIDWIFERY, SHA CHIEF NURSES, NOVEMBER 2009

" We have set out an ambition to eliminate all Avoidable Pressure Ulcers in NHS-provided care. This will significantly reduce the amount an average district general hospital spends on treating pressure ulcers, currently estimated at £600,000 to £3 million each year."

HIGH IMPACT ACTIONS FOR NURSING AND MIDWIFERY, SHA CHIEF NURSES, NOVEMBER 2009

Chaired by **Vanessa Whatley** *Programme Specialist (Healthcare Associated Infection)* NHS West Midlands delegates will have the opportunity to hear an overview of the High Impact Action: Your Skin Matters, why it was selected and the potential impact on quality and productivity.

The day will continue with an update from the Patient Safety Federation, and focus sessions on measuring and monitoring Pressure Ulcers, and risk management approaches to eliminating Pressure Ulcers. The conference will close with case study experiences of eliminating Pressure Ulcers in practice including experiences in Scotland giving delegates the opportunity to gain valuable tips for taking back to their own practice.

10.00 CHAIR'S WELCOME AND OPENING ADDRESS High Impact Action: Your Skin Matters

The High Impact Action: Your Skin Matters, calls for no avoidable pressure ulcers in NHS provided care.

- background and overview of the High Impact Actions
- why Your Skin Matters was selected as a High Impact Action
- eliminating Avoidable Pressure Ulcers in NHS provided care: the potential impact on quality and productivity

10.40 Eliminating needless skin breakdown: update from the Patient Safety Federation

Tina Chambers
Clinical Nurse Specialist in Tissue Viability Winchester and Eastleigh Healthcare NHS Trust and Project Manager No Needless Skin Breakdown Workstream Patient Safety Federation

- eliminating needless skin breakdown: progress across NHS South Central
- developing a set of board and practice level metrics to assess and compare Pressure Ulcer occurrence
- engaging frontline staff and providing tools, support, education and training

The no needless skin breakdown workstream of the Patient Safety Federation aims to achieve a 30% reduction in pressure ulcer incidence in provider healthcare settings within NHS South Central by 2010.

11.10 Questions and answers, followed by coffee and exhibition at 11.20

FOCUS: MEASURING AND MONITORING PRESSURE ULCERS AND THE IMPACT ON QUALITY AND PRODUCTIVITY

11.50 Eliminating Avoidable Pressure Ulcers: demonstrating cost and efficiency savings

Gerry Bolger
Programme Director, Quality in Nursing Department of Health

- implementing new ways of working to eliminate Avoidable Pressure Ulcers
- the cost and efficiency savings
- developments nationally: including the national nursing outcome indicators

12.20 Measuring and monitoring Pressure Ulcers as a quality indicator in practice

Fiona Burton
Head Nurse for Ambulatory Care Heart of England NHS Foundation Trust

- reviewing every incidence of hospital acquired Pressure Ulcers: our experience
- learning from each incidence to make significant reductions and improvements to the quality of patient care
- demonstrating compliance at board level: Trust level ward to board metrics

12.50 Questions and answers, followed by lunch and exhibition at 13.00

FOCUS: RISK MANAGEMENT APPROACHES TO ELIMINATING AVOIDABLE PRESSURE ULCERS

14.00 Risk management tools and techniques to eliminate Avoidable Pressure Ulcers

Judy Elliott
Tissue Viability Nurse East Kent Hospitals University NHS Foundation

- identifying prevalence across an organisation
- using incident reporting and root cause analysis
- tracking harm events resulting from tissue damage
- embedding Pressure Ulcer data into the Trust's Clinical Quality and Patient Safety Dashboard

14.30 Preventing occurrence of Pressure Ulcer

Mark Collier
Lead Nurse Consultant, Tissue Viability United Lincolnshire Hospital NHS Trust

- using risk assessment scales in conjunction with skin assessment to establish the risk of a patient developing a Pressure Ulcer
- implementing appropriate timely prevention and/or treatment programmes
- educating patients about the signs of Pressure Ulcer development and what they can do to aid prevention

15.00 Questions and answers

15.10 DISCUSSION: What interventions can we make to eliminate Avoidable Pressure Ulcers and improve quality and cost-effectiveness?

Delegates will be invited to raise the challenges and issues they are facing in practice to eliminate Avoidable Pressure Ulcers, improving quality and reducing cost.

15.25 Tea and exhibition

FOCUS: CASE STUDY EXPERIENCES OF ELIMINATING AVOIDABLE PRESSURE ULCERS IN PRACTICE

15.45 Improving care on the wards to avoid Pressure Ulcers

Mr Hamish Laing
Director of Acute Care and Consultant Plastic Surgeon and **Nigel Broad**
Charge Nurse Welsh Centre for Burns and Plastic Surgery ABM University Health Board, South Wales

- engaging non-specialist ward staff in preventing Pressure Ulcers and spreading the message of 'no tolerance of Avoidable Pressure Ulcers'
- developing policies and guidelines, and standardising documentation and equipment ordering systems
- changing practice: improving the quality and safety of patient care to avoid Pressure Ulcers

16.10 Eliminating the risk factors contributing to Pressure Ulcers: experiences in Kettering

Colin Iversen
Clinical Nurse Specialist Tissue Viability Kettering General Hospital NHS Foundation Trust

- identifying the most frequent risk factors and their effects on Pressure Ulcer development
- simple strategies to eliminate the risk of Pressure Ulcers
- an overview of work in Kettering on moisture lesion reduction and demonstrating cost effectiveness

16.35 Developing best practice for the prevention and management of Pressure Ulcers: experience in Scotland

Dr Susan Baxter
National Programme Manager, Tissue Viability Project NHS Quality Improvement Scotland

- establishing best practice for the prevention and management of Pressure Ulcers
- developing and publicising an online resource
- implementing a National Programme of work: developments and progress in Scotland

17.00 Questions and answers, followed by close



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Date

Tuesday 14 September 2010.

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